

# Sacred Hoops Spiritual Lessons Of A Hardwood Warr

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## REID YARETZI

### Portraits Of 4 Exceptional Individuals And An Examination Of Our Own Extraordinariness

Hyperion

Phil Jackson, coach of the Chicago Bulls, describes his outlook on life, and explains how he applies it to basketball

*A Coach's Journey to Uncover the Mindset of True Potential* Heritage House

Publishing Co

The Pulitzer Prize-winning journalist looks at the life and times of the Chicago Bulls superstar— “The best Jordan book so far” (The Washington Post). One of sport’s biggest superstars, Michael Jordan is more than an internationally renowned athlete. As illuminated through David Halberstam’s trademark balance of impeccable research and fascinating storytelling, Jordan symbolizes the apex of the National Basketball Association’s coming of age. Long before multimillion-dollar signings and lucrative endorsements, NBA players worked in relative obscurity, with most games woefully unattended and rarely broadcast on television. Then came Larry Bird and Magic Johnson, Jordan’s two great predecessors, and the game’s status changed. The new era capitalized on Jordan’s talent, will power, and unrivaled competitiveness. In *Playing for Keeps*, Halberstam is at his investigative best, delving into Jordan’s expansive world of teammates and coaches. The result is a gripping story of the athlete and media powerhouse who changed a game forever. This ebook features an extended biography of David Halberstam.

*Sacred Hoops* Simon and Schuster

Fifteen years ago, psychologist and educator Howard Gardner introduced the idea of multiple intelligences, challenging the presumption that intelligence consists of verbal or analytic abilities only -- those intelligences that schools tend to measure. He argued for a broader understanding of the intelligent mind, one that embraces creation in the arts and music, spatial reasoning, and the ability to understand ourselves and others. Today, Gardner's

ideas have become widely accepted -- indeed, they have changed how we think about intelligence, genius, creativity, and even leadership, and he is widely regarded as one of the most important voices writing on these subjects. Now, in *Extraordinary Minds*, a book as riveting as it is new, Gardner poses an important question: Is there a set of traits shared by all truly great achievers -- those we deem extraordinary -- no matter their field or the time period within which they did their important work? In an attempt to answer this question, Gardner first examines how most of us mature into more or less competent adults. He then examines closely four persons who lived unquestionably extraordinary lives -- Mozart, Freud, Woolf, and Gandhi -- using each as an exemplar of a different kind of extraordinariness: Mozart as the master of a discipline, Freud as the innovative founder of a new discipline, Woolf as the great introspect or, and Gandhi as the influencer. What can we learn about ourselves from the experiences of the extraordinary? Interestingly, Gardner finds that an excess of raw power is not the most impressive characteristic shared by superachievers; rather, these extraordinary individuals all have had a special talent for identifying their own strengths and weaknesses, for accurately analyzing the events of their own lives, and for converting into future successes those inevitable setbacks that mark every life. Gardner provides answers to a number of provocative questions, among them: How do we explain extraordinary times -- Athens in the fifth century B.C., the T'ang Dynasty in the eighth century, Islamic Society in the late Middle Ages, and New York at the middle of the century? What is the relation among genius, creativity, fame, success, and moral extraordinariness? Does extraordinariness make for a happier, more fulfilling life, or does it simply create a special onus?

*Days And Dreams With Michael Jordan*

John Wiley & Sons

A former Olympic rower reflects on his evolution from ultra-competitive athlete to supportive coach and offers his game-

changing thoughts on achieving success. Once the embodiment of an aggressive athlete, Jason Dorland used to identify himself according to the results of his competitions—winner or loser. The elite rower was raised with an “in-it-to-win-it” attitude and was trained to think of every competitor as an enemy. It took a devastating loss at the 1988 Olympic Games to shatter this destructive way of thinking, and it took the advice of middle-distance runner Robyn Meagher (who would later become Dorland’s wife) to help re-shape his views on what it truly means to win—both in sport and in life. When he retired from competition and became an elite rowing coach, Dorland knew he had to produce results but vowed to adopt a more process-based approach to competition than the one he had been taught. It was a radical shift that was not always welcomed by the sporting community. However, the outcomes were nothing short of extraordinary. Dorland found that by creating an emotionally safe environment for his athletes, they felt free to fail yet ultimately achieved success beyond their wildest dreams. *Pulling Together* reflects on Dorland’s coaching philosophy, the lessons his sport has taught him, and how those lessons can be applied both on and off the playing field. *More Than a Game* Diversion Books

The Triangle Offense is known as the most comprehensive offensive system in basketball and this book is the most comprehensive resource put together on the offense. With over 200 upgraded diagrams on the offense that detail all of the nuances of the offense, you won't need to look any further for all of your Triangle needs. In "The Complete Guide to the Triangle Offense" you will find every action of the offense ("2 Pass to the Post," "2 Pass to the Top," Backdoor Step, and Corner) and how and when to make the proper read, dozens of entries into the offense and how to get each player into their spots, as well as detailing special actions within the Triangle and the counters to go with each of them. You'll also find how to use the offense to attack zone defenses or utilize any of the 11 sideline out-of-bounds plays that can

follow right into the Triangle. With 12 drills included that you'll be able to implement and build habits for your players, you will see how this book will help you fit the Triangle Offense to your personnel and your own coaching philosophy.

**Playing for Keeps** Penguin

An inside look at the season that proved to be the final ride of a truly great dynasty—Kobe Bryant, Shaq, and the LA Lakers For the countless basketball fans who were spellbound by the Los Angeles Lakers' 2003–2004 high-wire act, this book is a rare and phenomenal treat. In *The Last Season*, Lakers coach Phil Jackson draws on his trademark honesty and insight to tell the whole story of the season that proved to be the final ride of a truly great dynasty. From the signing of future Hall-of-Famers Karl Malone and Gary Payton to the Kobe Bryant rape case/media circus, this is a riveting tale of clashing egos, public feuds, contract disputes, and team meltdowns that only a coach, and a writer, of Jackson's candor, experience, and ability could tell. Full of tremendous human drama and offering lessons on coaching and on life, this is a book that no sports fan can possibly pass up.

*Wish It Lasted Forever* Sacred

HoopsSpiritual Lessons of a Hardwood Warrior

J-Rod moves like a small tank on the court, his face mean, staring down his opponents. "I play just like my father," he says. "Before my father died, he was a problem on the court. I'm a problem." Playing basketball for him fuses past and present, conjuring his father's memory into a force that opponents can feel in each bone-snapping drive to the basket. On the street, every ballplayer has a story. Onaje X. O. Woodbine, a former streetball player who became an all-star Ivy Leaguer, brings the sights and sounds, hopes and dreams of street basketball to life. He shows that big games have a trickster figure and a master of black talk whose commentary interprets the game for audiences. The beats of hip-hop and reggae make up the soundtrack, and the ballplayers are half-men, half-heroes, defying the ghetto's limitations with their flights to the basket. Basketball is popular among young black American men but not because, as many claim, they are "pushed by poverty" or "pulled" by white institutions to play it. Black men choose to participate in basketball because of the transcendent experience of the game. Through interviews with and observations of urban basketball players, Onaje X. O. Woodbine composes a rare portrait of a passionate, committed, and resilient group

of athletes who use the court to mine what urban life cannot corrupt. If people turn to religion to reimagine their place in the world, then black streetball players are indeed the hierophants of the asphalt.

**Raise Your Game** Seven Stories Press  
Journey to the Ring pairs Phil Jackson, the NBA's most successful coach, and Andrew D. Bernstein, the NBA's senior director of photography, in an exciting, behind-the-scenes re-creation of the Los Angeles Lakers' 2009-10 championship season. Having long built a trust with the NBA's biggest stars, Bernstein is given access to the Lakers' practices, team planes, training room, coach's office, game-day meetings, and off-the-court glimpses. Peek in on Chef Phil preparing a Jackson family Thanksgiving dinner, and more. Jackson, coach of eleven NBA championship teams, gives insight into games, practices, his players, and what he is saying in the huddle. What sets *Journey to the Ring* apart is the deep appreciation Jackson and Bernstein share for the depth of black-and-white photography, which is elegantly reproduced here in four-color black-and-white processing. It is a look into the eyes of a team that gave L.A. its first NBA Finals' Game 7 victory over the Boston Celtics.

*Eleven Rings* Penguin

"Nolan Richardson's extraordinary life and success as the University of Arkansas' coach are an important chapter in the history of our country's struggle for racial equality, with all the excitement of the Final Four. What an incredible journey!" —President Bill Clinton  
*Forty Minutes of Hell* by Rus Bradburd is an intricate exploration of the politics of race and sports, from the Jim Crow era until today, witnessed through the life of legendary African-American basketball coach and NCAA Title winner Nolan Richardson. A remarkable story of pride, courage, and accomplishment in the face of discrimination, *Forty Minutes of Hell* is also a fascinating window into the world of elite collegiate sports. NBA legend Charles Barkley calls this inspiring and important biography, "A great story about America and its hidden histories....Every American should thank [Richardson] for showing us it was possible."

*Hang Time* Penguin

"This is a very useful guide for living mindfully. I hope you will return to it again and again and practice wholeheartedly the exercises Dr. Braza offers." —Thich Nhat Hanh, from the forward  
*Moment by Moment* offers a simple and elegant teaching that can change your life." —Jack Kornfield, author of *A Path with Heart* "For anyone seeking more 'real moments,'

*Moment by Moment* offers valuable and practical techniques for discovering joy now." —Barbara de Angelis, PhD., Author of *Real Moments* "A delightful book for people who are restless 'doers' like myself. It teaches you how to be in the moment. I highly recommend it for all 'busy bees' and restless soul." —Elisabeth Kubler-Ross, M.D., author of *On Death and Dying*  
Based on the Jerry Braza's *Mindfulness Training Program*, this book provides simple exercises for developing greater awareness and emotional involvement in our daily lives. Braza offers practical guidance on managing stress, quieting the mind, transforming feelings, enhancing productivity, and completing unfinished emotional business.

*The Soul of Success* Diversion Books

Nick Nurse distills the wisdom, insight, and experiences that helped him lead the Toronto Raptors to the NBA championship in his first year as head coach. Foreword by Phil Jackson. NBA fans had modest expectations for rookie coach Nick Nurse and his Toronto Raptors. But what those naysayers didn't realize was that Nurse had spent the past thirty years proving himself at every level of the game, from youth programs and college ball to the NBA D League and Britain's struggling pro circuit. While few coaches have taken such a circuitous path to pro basketball's promised land, the journey—which began at Kuemper Catholic high school in Carroll, Iowa—forged a coach who proved to be as unshakable as he is personable. On the road, he is known to bring his guitar and keyboard for late-night jazz and blues sessions. In the locker room, he's steadfast and even-keeled regardless of the score. On the court, he pulls out old-school tactics with astounding success. A rookie in name but a veteran in attitude, Nurse is seemingly above the chaos of the game and, with only two seasons on his résumé, has already established himself as one of the NBA's most admired head coaches. Now, in this revealing new book—equal parts personal memoir, leadership manifesto, and philosophical meditation—Nurse tells his own story. Given unprecedented access inside the Raptors' locker room, readers get an intimate study of not only the team culture he has built, but also of a rookie coach's unique dynamic with the star players—such as Kawhi Leonard, Kyle Lowry, and Pascal Siakam—who helped trailblaze the 2019 championship run. As much for readers of Ray Dalio as for fans of John Wooden and Pat Summitt, *Rapture* promises to be a necessary read for anyone looking to forge their own path to success.

**Hoops** Constable

With a new introduction, Phil Jackson's modern classic of motivation, teamwork, and Zen insight is updated for a whole new readership "Not only is there more to life than basketball, there's a lot more to basketball than basketball." --Phil Jackson Eleven years ago, when Phil Jackson first wrote these words in *Sacred Hoops*, he was the triumphant head coach of the Chicago Bulls, known for his Zen approach to the game. He hadn't yet moved to the Los Angeles Lakers, with whom he would bring his total to an astounding nine NBA titles. In his thought-provoking memoir, he revealed how he directs his players to act with a clear mind -- not thinking, just doing; to respect the enemy and be aggressive without anger or violence; to live in the moment and stay calmly focused in the midst of chaos; to put the "me" in service of the "we" -- all lessons applicable to any person's life, not just a professional basketball player's. This inspiring book went on to sell more than 400,000 copies. In his new introduction, Jackson explains how the concepts in *Sacred Hoops* are relevant to the issues facing his current team -- and today's reader.

Extraordinary Minds Ember

The pro-basketball coach and popular motivational speaker presents his recipe for leadership, personal growth, and control of shifting dynamics, showing how to forge strong groups that can work together to create success. 225,000 first printing.

The Life of Pete Maravich Penguin Books Instant #1 New York Times Bestseller & Wall Street Journal Bestseller In *The Obstacle Is the Way* and *Ego Is the Enemy*, bestselling author Ryan Holiday made ancient wisdom wildly popular with a new generation of leaders in sports, politics, and technology. In his new book, *Stillness Is the Key*, Holiday draws on timeless Stoic and Buddhist philosophy to show why slowing down is the secret weapon for those charging ahead. All great leaders, thinkers, artists, athletes, and visionaries share one indelible quality. It enables them to conquer their tempers. To avoid distraction and discover great insights. To achieve happiness and do the right thing. Ryan Holiday calls it stillness--to be steady while the world spins around you. In this book, he outlines a path for achieving this ancient, but urgently necessary way of living. Drawing on a wide range of history's greatest thinkers, from Confucius to Seneca, Marcus Aurelius to Thich Nhat Hanh, John Stuart Mill to Nietzsche, he argues that stillness is not mere inactivity, but the doorway to self-mastery, discipline, and focus. Holiday also

examines figures who exemplified the power of stillness: baseball player Sadaharu Oh, whose study of Zen made him the greatest home run hitter of all time; Winston Churchill, who in balancing his busy public life with time spent laying bricks and painting at his Chartwell estate managed to save the world from annihilation in the process; Fred Rogers, who taught generations of children to see what was invisible to the eye; Anne Frank, whose journaling and love of nature guided her through unimaginable adversity. More than ever, people are overwhelmed. They face obstacles and egos and competition. *Stillness Is the Key* offers a simple but inspiring antidote to the stress of 24/7 news and social media. The stillness that we all seek is the path to meaning, contentment, and excellence in a world that needs more of it than ever. Boys Among Men Columbia University Press

An ALA-YALSA Best Book for Young Adults New Bonus Content: -Q&A with Walter Dean Myers -Q&A with screenwriter John Ballard -Teaser chapter from *On a Clear Day* -Excerpt from *145th Street* All eyes are on seventeen-year-old Lonnie Jackson while he practices with his team for a city-wide basketball Tournament of Champions. His coach, Cal, knows Lonnie has what it takes to be a pro basketball player, but warns him about giving in to the pressure. Cal knows because he, too, once had the chance—but sold out. As the tournament nears, Lonnie learns that some heavy bettors want Cal to keep him on the bench so that the team will lose the championship. As the last seconds of the game tick away, Lonnie and Cal must make a decision. Are they willing to blow the chance of a lifetime?

Secrets to Pure Performance Hachette Books

Recounts the life and achievements of the troubled 1970s basketball star, from his relationship with his obsessive father and unbroken college scoring record to the personal demons that challenged his life and his evangelical Christian faith. *On the Court and Inside the Heads of Basketball's Best Players* Harper Collins Reminiscent of Phil Jackson's *SACRED HOOPS*, Tamir Goodman's *Triple Threat* explores physical, mental, and spiritual lessons, on and off the court. Tamir Goodman was dubbed "The Jewish Jordan" by *SPORTS ILLUSTRATED* for the unorthodox combination of basketball prowess and devout faith that he brought with him onto the court as a top-ranked high school recruit, D-I and professional basketball player. Goodman's book features practical basketball training tips,

strategies to contend with the mental side of the game, and game-like scenarios to demonstrate how this advice will pay off on the court. The book also takes readers on a fascinating journey through Goodman's career, a highlight of which includes Goodman making history as the first Jewish player to play D-I and professional basketball while wearing a yarmulke and refraining from playing on the Jewish Sabbath. By weaving the hands-on advice with the intriguing personal stories, Goodman examines the basketball fundamentals of shooting, ball-handling and passing from the physical, mental and spiritual perspectives and assigns each of these moves a deeper meaning. Goodman uses examples from his career to make the point that adding an individualized spiritual element to physical and mental training can help athletes take their game to the next level, while also helping them to identify and achieve meaningful success on the court and in life. "The nickname 'Jewish Jordan' might roll off the tongue, but Tamir Goodman's journey to realize his basketball dreams was no breeze. I thoroughly enjoyed reliving all the twists and turns through HIS eyes—one of the finest sportsmen and ambassadors that our people have ever known – in this captivating book." —Marc Stein, ESPN NBA Reporter "... an inspiring book with expert basketball advice that is great for players of all levels." —Omri Casspi, Small Forward for the NBA's Cleveland Cavaliers "... a fascinating look at one man's talents on the court, in his soul, and with an ultimate higher purpose. This book is for anyone interested in the skills of serious sportsmanship and the nuances of living an integrated and rich religious life. Tamir takes the concept of athleticism as a meaningful pursuit to the highest and most profound level. What a wonderful, joyful and superbly elegant exploration into the worlds of sports, religion, and life's purpose." —Mayim Bialik, Ph.D., CLEC, Actress—*The Big Bang Theory* "As a DC area native, I have crystal clear memories of the Jewish Jordan phenomena and the national attention his story created. While he was obviously an exceptional basketball player, it was his unparalleled commitment to his faith that made him so impressive. This book is a refreshing look at what it takes to be successful on and off the court. It is a must read for all players and coaches. I couldn't put it down." —Alan Stein, Professional Basketball Strength & Conditioning Coach "I have had the honor and privilege of watching Tamir Goodman conduct a basketball camp for children, so I have

seen him put these words into action. For all the wonderful advice included in *Triple Threat*, it is his combined love affair with basketball and Judaism, and his spiritual devotion to both that stands out for me. His playing career was far too short, but his passion for his game—and his God—endures." —Mary Schmitt Boyer, sportswriter and President of the Professional Basketball Writers Association  
*Life with the Larry Bird Celtics* Parallax Press

The moving story of a Navajo high school basketball team, its members struggling with the everyday challenges of high school, adolescence, and family, and the great and unique obstacles facing Native Americans living on reservations. Deep in the heart of northern Arizona, in a small and isolated patch of the vast 17.5-million-acre Navajo reservation, sits Chinle High School. Here, basketball is passion, passed from grandparent to parent to child. Rez Ball is a sport for winters where dark and cold descend fast and there is little else to do but roam mesa tops, work, and wonder what the future holds. The town has 4,500 residents and the high school arena seats

7,000. Fans drive thirty, fifty, even eighty miles to see the fast-paced and highly competitive matchups that are more than just games to players and fans. Celebrated Times journalist Michael Powell brings us a narrative of triumph and hardship, a moving story about a basketball team on a Navajo reservation that shows how important sports can be to youths in struggling communities, and the transcendent magic and painful realities that confront Native Americans living on reservations. This book details his season-long immersion in the team, town, and culture, in which there were exhilarating wins, crushing losses, and conversations on long bus rides across the desert about dreams of leaving home and the fear of the same.

**Maverick** Routledge

The author shares lessons he learned throughout his athletic career, explaining how he approached baseball philosophically and learned to be still, live in the present, and achieve mindfulness in spite of challenges and fame.

**Pistol** Time Capsule Press LLC

*MIND GAMES* follows the journey of Phil Jackson to the top of basketball's coaching

hierarchy, a rise that took him from obscurity in the Continental Basketball Association to nine championship rings in the NBA. Along the way he turned multimillionaire players on to meditation, transformed the Michael Jordan-led Chicago Bulls from a one-man show to a five-man team of domination, and after battling with Bulls management, ended one dynasty to start another on the West Coast. Sportswriter Roland Lazenby, author of the bestselling *BLOOD ON THE HORNS*, reveals the fascinating story of Jackson's life, from his years with the New York Knicks under the legendary Red Holzman to his remarkable nine championships coaching first the Chicago Bulls and then the Los Angeles Lakers. In *MIND GAMES* Lazenby compellingly portrays a man with a unique determination to control the competitive environment he inhabits. A clear picture of the Jackson mystique emerges: philosopher, teacher, manipulator, counselor, psychologist, shaman, champion, master of mind games. Originally published in 2007, now available in eBook format for the first time.