

## Way I Feel Janan Cain

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### SANCHEZ SARIAH

*Double-dip Feelings* AuthorHouse

Illustrations and rhyming text portray children experiencing a range of emotions, including frustration, shyness, jealousy, and pride.

**On Monday When It Rained** Elizabeth Cole

In today's society, perhaps more than ever, young children need to develop empathy. In this simple book, the author begins by helping children see that when they are sick, hurt, or unhappy, others care about them. Children can then begin to see that others need to be cared about as well. Common situations will further a child's appreciation for and understanding of what others feel and need.

**What If Everybody Did That?** Penguin

Help curious preschoolers find out more about themselves with these fantastic lift-the-flap board books. Find Out About: Feelings helps curious preschoolers get to grips with their feelings and emotions - a key topic for both them and their parents. Featuring friendly child characters and familiar situations, they will find answers and reassurance when they are feeling happy, sad, frightened, brave and everything in between. With fun flaps to lift and a memory game at the end, this is an excellent book for children and parents to share together. Also available: Find Out About: Animals

**When I Care about Others** Pat-a-Cake

'How Do You Feel?' is an exploration of emotion for very young children. Anthony Browne brings his understanding and skill to bear in a book that will reassure children and help them understand how they are feeling, using simple words and pictures.

**I Am Stronger Than Anger** Parenting Press, Inc.

An interactive workbook for children and a teaching tool for parents and professionals, the book uses images of feelings and gradated colors to teach children how to deal effectively with gradated levels of emotions.

**Feelings to Share from a to Z.** Harry N. Abrams

Simple text and photographs introduce basic emotions--happy, grumpy, thoughtful, and more--and how people express them.

**The Feelings Book** Scholastic Inc.

A children's book about Leukemia.

**A Look at Magnets** Millbrook Press

Are there children in your life who are experiencing the pain of their parents' divorce? This book will help give advice and information in a gentle and sensitive way. It will help children face their fears, worries and questions when the family is going through a break-up. Parents, teachers, and gift givers will find: language that is simple, direct, and easier for younger children to understand information about a divorce in my family a helpful book written by a psychotherapist and counselor a whole series of books for children to explore emotional issues The A First Look At series promotes positive interaction among children, parents, and

teachers, and encourage kids to ask questions and confront social and emotional questions that sometimes present problems. Books feature appealing full-color illustrations on every page plus a page of advice to parents and teachers.

**The Way I Feel Too** Aapc Publishing

Little Monkey is having a bad day. After a major melt down, he goes to his room and uses some coping techniques to calm down.

**The Way I Feel** Simon and Schuster

Three-time Caldecott Honor artist Molly Bang's award-winning book helps children and parents better understand anger.

Everybody gets angry sometimes. And for children, anger can be very upsetting and frightening. In this Caldecott Honor book, children will see what Sophie does when she gets angry. Parents, teachers, and children can talk about it. People do lots of different things when they get angry. What do you do?

**Tiger Days** Golden Books

Applebaum's popular book, now in its third edition considers the ways of getting a publisher interested, the contract and relationship and how to self-publish. A good annotated bibliography of related works. Annotation copyrighted by Book News, Inc., Portland, OR

**Mean Soup** Capstone

Colorful illustrations and rhyming text introduce words that express feelings and emotions.

**Never Talk to Strangers** Bloomsbury Publishing USA

From beloved author-illustrator Eric Carle comes this brand-new interactive board book that features sweet text about baby love and touch-and-feel elements throughout! You're my little bear cub Both playful and shy You're my little baby bird Together we will fly Loving parents throughout the animal kingdom dote on their little babies in this sweet novelty book perfect for showing a baby how they are loved, whether by a parent, grandparent, aunt, uncle, or other caring figure in a child's life. With Eric Carle's classic and colorful artwork and tender text that rhymes, this book is a perfect addition to every Eric Carle collection!

**Today I Feel Silly & Other Moods That Make My Day** HarperCollins

From the creator of ARCHIE THE DAREDEVIL PENGUIN comes the unique story of two friends who can't escape all the feels. Camper is happy as a clam and Clam is a happy camper. When you live in The Happy Book, the world is full of daisies and sunshine and friendship cakes . . . until your best friend eats the whole cake and doesn't save you one bite. Moving from happiness to sadness and everything in between, Camper and Clam have a hard time finding their way back to happy. But maybe happy isn't the goal--being a good friend is about supporting each other and feeling all the feels together. At once funny and thoughtful, The Happy Book supports social-emotional learning. It's a book to keep young readers company no matter how they're feeling!

**Sometimes I'm Bombaloo** Sourcebooks, Inc.

Tired of telling your child not to shout or kick things when they are angry? Then this book is the perfect solution for you! When children are angry, they can manifest their anger through bad behavior. They might shout, cry, throw things and roll on the floor or all of these things combined. That's why most parents need help managing their kids emotions and feelings. This book about

little Nick: contains lovely illustrations and lightly rhyming storyline helps children recognize and cope with their anger in a funny way through communication with zoo animals offers a variety of calming techniques and is aimed to improve kids self-regulation skills teaches children to admit their mistakes and say "I'm sorry" includes a bonus coloring page Even if you have tried everything, this book is perfect for gaining a deeper understanding of children anger management and how to help kids control their emotions. We highly recommend it to parents.

**In My Heart** Houghton Mifflin Harcourt

If you are hanging from a trapeze And up sneaks a camel with bony knees, Remember this rule, if you please— Never talk to strangers. This book brilliantly highlights situations that children will find themselves in—whether they're at home and the doorbell rings, or playing in the park, or mailing a letter on their street—and tells them what to do if a stranger (always portrayed as a large animal, such as a rhino) approaches. Colorful, '60s-style "psychedelic" artwork and witty, lively rhyme clearly spell out a message about safety that empowers kids, and that has never been more relevant. Irma Joyce wrote many Golden Books during the 1960s. George Buckett was a popular children's book illustrator during the 1960s.

**When Sophie Gets Angry - Really, Really Angry...** Scholastic Inc. This classic picture book from beloved author-illustrator Alike is a great way to explore feelings with younger kids, whether at home or in the classroom. Happy, sad, shy, excited—how do you feel? No matter the emotion, Feelings explores it—and helps children understand and express their own feelings. Best-selling author Alike uses a child-friendly cartoon style to build empathy and awareness in young readers—and to help them find appropriate ways to handle their feelings. Short, funny comics show how children might feel in different situations—at a birthday party, when a beloved pet dies, on the first day of school, and more. A timeless classic ideal for sharing. "Children often have difficulty articulating emotions. That fact is the underpinning for Alike's catalog of feelings, be they happy, sad, or somewhere in between." —Booklist "A delightful book." —New York Times Book Review

**Lots of Feelings** Marshall Cavendish

A young boy describes, in text and photographs of his facial expressions, the different emotions he feels each day.

**How are you feeling today?** Compendium Publishing & Communications

Our most popular children's book, now with 1.2 million copies in print. Praised by parents, who say it's especially valuable when getting children to talk about the day's triumphs and troubles, and by professionals, who use it in pediatric clinics and with the developmentally disabled and emotionally troubled. Janan Cain's kids ooze anger and bounce with excitement as they teach the words for emotions. This award-winning, full-color book comes in two editions.

**How to Get Happily Published** Sourcebooks, Inc.

Illustrated tale that teaches children and adults how to be proactive when confronted by bullying.