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# Fat Black Women Blue Film

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## STEPHANY GALLEGOS

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SPIN HarperCollins  
 Winner, 2020 Body and Embodiment Best Publication Award, given by the American Sociological Association Honorable Mention, 2020 Sociology of Sex and Gender Distinguished Book Award, given by the American Sociological Association  
 How the female body has been racialized for over two hundred years There is an obesity epidemic in this country and poor black women are particularly stigmatized as “diseased” and a burden on the public health care system. This is only the most recent incarnation of the fear of fat black

women, which Sabrina Strings shows took root more than two hundred years ago. Strings weaves together an eye-opening historical narrative ranging from the Renaissance to the current moment, analyzing important works of art, newspaper and magazine articles, and scientific literature and medical journals—where fat bodies were once praised—showing that fat phobia, as it relates to black women, did not originate with medical findings, but with the Enlightenment era belief that fatness was evidence of “savagery” and racial inferiority. The author argues that the contemporary ideal of slenderness is, at its very core, racialized and racist. Indeed, it was not until the early twentieth century, when racialized attitudes against fatness

were already entrenched in the culture, that the medical establishment began its crusade against obesity. An important and original work, *Fearing the Black Body* argues convincingly that fat phobia isn’t about health at all, but rather a means of using the body to validate race, class, and gender prejudice.

### **Slow Fade to Black** Booktango

This handbook unravels the complexities of the global and local entanglements of race, gender and intersectionality within racial capitalism in times of #MeToo, #BlackLivesMatter, the Chilean uprising, Anti-Muslim racism, backlash against trans and queer politics, and global struggles against modern colonial femicide and extractivism. Contributors chart intersectional and decolonial perspectives

on race and gender research across North America, Europe, Latin America, the Caribbean, and South Africa, centering theoretical understandings of how these categories are imbricated and how they operate and mean individually and together. This book offers new ways to think about what is absent/present and why, how erasure works in historical and contemporary theoretical accounts of the complexity of lived experiences of race and gender, and how, as new issues arise, intersectionalities (re)emerge in the politics of race and gender. This handbook will be of interest to students and scholars across the social sciences and humanities.

*Global Nollywood* North Atlantic Books

The author says: "The stories in this collection are an outgrowth of my lamentable childhood, as well as a reflection of those things in life which I found fascinating--in that they could mentally take me away from the horror of my daily life, and at least on the level of imagination offer me something worth waking up each morning for. Thus, the universes in this collection center around outsiders, artists, and freaks (be they natural-born or self-made); some of the

stories are interconnected, but also designed to stand alone. I've included afterwords for each to shine additional light on both the works and their cultural personal inspirations. But more than a collection, to me this volume is a glimpse into my creative soul--and as such, it may not be perfect, it might not even be logical, but it is what I am, love it or hate it." Six cutting-edge stories of a bizarre, near-future America, a mix of strange cultures and curious characters, featuring tattoo artists, origami masters, Irezumi, the De Novo Shinkansen, Qatmandude...and the Blue Moon Roach Hotel!"

**African American Slang** Abc-Clio

Incorporated

Challenging Images of Women and the Media: Reinventing Women's Lives, edited by Theresa Carilli and Jane Campbell, collects fifteen articles addressing the status of women through an examination of depictions of women in the media. With a global focus, this collection scrutinizes issues of race, ethnicity, class, and sexuality through a study of gendered media portrayals. By challenging the status quo of media images, the

contributors to this essential volume invite a dialogue about women's lives.

*Encyclopedia of African American Actresses in Film and Television* Page Publishing Inc

A plentifully illustrated guide to the most popular and socially significant movies made for, by, and about African Americans from 1900 to today. Also includes incisive interviews with Hollywood greats such as Ossie Davis and Ivan Dixon.

*Fat Girls in Black Bodies* Routledge

It's no secret that the African American community is in crisis. From health disparities and political injustice to crime statistics and a variety of social ills, it is a community teetering on the edge.

Through personal stories and essays, *Family Affair* addresses this imbalance, offering insight on issues and topics that the majority of African Americans only talk about in secret. The goal: to stimulate dialogue that supports reflection, healing, and understanding. *Family Affair* comprises five sections representing the key features that influence the African American identity: History, Politics, Behavior, Beliefs, and Self-evaluation. The book showcases a wide cross-section of

contributors representing various elements of the black community. Each section features at least one religious leader and one institutional leader, as well as many celebrities from the worlds of music and broadcasting, along with ordinary people with extraordinary stories. *The Best Women's Travel Writing, Volume 11* Waveland Press

'I love Stephanie... She's one of my favourite truth tellers online, she pulls no punches and empowers so many women with her own commitment to equality... This book is going to mean a lot, to a lot of people.' - Jameela Jamil Stephanie Yeboah has experienced racism and fat-phobia throughout her life. From being bullied at school to being objectified and humiliated in her dating life, Stephanie's response to discrimination has always been to change the narrative around body-image and what we see as beautiful. In her debut book, *Fattily Ever After*, Stephanie speaks openly and courageously about her own experience on navigating life as a black, plus-sized woman - telling it how it really is - and how she has managed to find self-acceptance in a world where judgement and discrimination are rife. Featuring

stories of every day misogynoir and being fetishized, to navigating the cesspit of online dating and experiencing loneliness, Stephanie shares her thoughts on the treatment of black women throughout history, the marginalisation of black, plus-sized women in the media (even within the body-positivity movement) whilst drawing on wisdom from other black fat liberation champions along the way. Peppered with insightful tips and honest advice and boldly illustrated throughout, this inspiring and powerful book is essential reading for a generation of black, plus-sized women, helping them to live their life openly, unapologetically and with confidence.

**Hairspray** John Wiley & Sons  
Studies of contemporary black women are rare and scattered, and are often extensions of a legacy beginning in the 19th century that characterized black women as domineering matriarchs, prostitutes, or welfare queens, negative characterizations that are perpetuated by both white and non-white social scientists. Based on over 200 interviews, this book departs from these conventions in significant ways, and, using a "collective memory" conceptual framework, shows

how black women cope with and interpret lives often limited by racial barriers not of their making.

*Piano Music by Black Women Composers* Oxford University Press on Demand  
Despite the West's privileging of slenderness as an aesthetic ideal, the African Diaspora has historically displayed a resistance to the Western European and North American indulgence in 'fat anxiety.' *The Embodiment of Disobedience* explores the ways in which the African Diaspora has rejected the West's efforts to impose imperatives of slenderness and mass market fat-anxiety. Author Andrea Shaw explores the origins and contradictions of this phenomenon, especially the cultural deviations in beauty criteria and the related social and cultural practices. Unique in its examination of how both fatness and blackness interact on literary cultural planes, this book also offers a diasporic scope that develops previously unexamined connections among female representations throughout the African Diaspora.

**The Lemonade Reader** Agate Publishing  
The Lemonade Reader is an interdisciplinary collection that explores

the nuances of Beyoncé's 2016 visual album, *Lemonade*. The essays and editorials present fresh, cutting-edge scholarship fueled by contemporary thoughts on film, material culture, religion, and black feminism. Envisioned as an educational tool to support and guide discussions of the visual album at postgraduate and undergraduate levels, *The Lemonade Reader* critiques *Lemonade*'s multiple Afrodiasporic influences, visual aesthetics, narrative arc of grief and healing, and ethnomusicological reach. The essays, written by both scholars and popular bloggers, reflects a broad yet uniquely specific black feminist investigation into constructions of race, gender, spirituality, and southern identity. The *Lemonade Reader* gathers a newer generation of black feminist scholars to engage in intellectual discourse and confront the emotional labor around the *Lemonade* phenomena. It is the premiere source for examining *Lemonade*, a text that will continue to have a lasting impact on black women's studies and popular culture.

**Gender** Routledge

"Fisher provides insight into how meaning

is determined by a multicultural audience in response to a particularly controversial representation of "blackness" in America. Her research provides a greater understanding of how hood films are interpreted, and her inquiries help to explain the violence that accompanied the screenings of some of these films. *Black on Black* is suitable for scholars and students interested in the subject, as well as anyone interested in film, race, multiculturalism, and identity politics."--  
BOOK JACKET.

*Reel to Real* Rowman & Littlefield

A pioneering exploration of form, meaning, theme and function in African American slang, illustrated with thousands of contextual examples.

**The Palgrave Handbook of Critical Race and Gender** Greenwood

From the concert stage to the dressing room, from the recording studio to the digital realm, *SPIN* surveys the modern musical landscape and the culture around it with authoritative reporting, provocative interviews, and a discerning critical ear. With dynamic photography, bold graphic design, and informed irreverence, the pages of *SPIN* pulsate with the energy of

today's most innovative sounds. Whether covering what's new or what's next, *SPIN* is your monthly VIP pass to all that rocks.

*No Good Deed Goes Unpunished*

McFarland

Grace Nichols gives us images that stare us straight in the eye, images of joy, challenge, accusation. Her 'fat black woman' is brash; rejoices in herself; poses awkward questions to politicians, rulers, suitors, to a white world that still turns its back. Grace Nichols writes in a language that is wonderfully vivid yet economical of the pleasures and sadnesses of memory, of loving, of 'the power to be what I am, a woman, charting my own futures'.

**The Fold-O-Rama Wars at the Blue Moon Roach Hotel and Other Colorful Tales of Transformation and Tattoos**

Wildside Press LLC

"Waters transformed such songs as "Dinah," "Am I Blue?," "Stormy Weather," and Irving Berlin's "Heat Wave" into classics and inspired the next generation of black female vocalists. She gave sophistication and class to the blues and American popular song, influencing countless singers, including Judy Garland and Frank Sinatra. Tough,

uncompromising, courageous, and ambitious, Waters became one of the first African American women to be given equal billing with white stars on Broadway. In 1943, the film version of her Broadway success *Cabin in the Sky* established her as Hollywood's first black leading lady. In such plays as *Mamba's Daughters* and films as *The Member of the Wedding*, she shattered the myth that black women could perform only as singers. For her work in *Pinky*, she received an Academy Award nomination for Best Supporting Actress, the second African American to be so honored."

*Tyler Perry's America* Beacon Press

Western culture has long regarded black female sexuality with a strange mix of fascination and condemnation, associating it with everything from desirability, hypersexuality, and liberation to vulgarity, recklessness, and disease. Yet even as their bodies and sexualities have been the subject of countless public discourses, black women's voices have been largely marginalized in these discussions. In this groundbreaking collection, feminist scholars from across the academy come together to correct this

omission—illuminating black female sexual desires marked by agency and empowerment, as well as pleasure and pain, to reveal the ways black women regulate their sexual lives. The twelve original essays in *Black Female Sexualities* reveal the diverse ways black women perceive, experience, and represent sexuality. The contributors highlight the range of tactics that black women use to express their sexual desires and identities. Yet they do not shy away from exploring the complex ways in which black women negotiate the more traumatic aspects of sexuality and grapple with the legacy of negative stereotypes. *Black Female Sexualities* takes not only an interdisciplinary approach—drawing from critical race theory, sociology, and performance studies—but also an intergenerational one, in conversation with the foremothers of black feminist studies. In addition, it explores a diverse archive of representations, covering everything from blues to hip-hop, from *Crash* to *Precious*, from *Sister Souljah* to *Edwidge Danticat*. Revealing that black female sexuality is anything but a black-and-white issue, this collection demonstrates how to appreciate

a whole spectrum of subjectivities, experiences, and desires.

### **Lectures on the Psychology of Women**

Edinburgh University Press

In 'Reel to Real', Hooks enhances our visual experience of movies, enabling us to see in a new way. Her work, like the best films of our time, provokes thought and creates a context for dialogue.

**Grace Nichols** Northcote House Publishers

The first work of its kind, this encyclopedia provides 360 brief biographies of African American film and television actresses from the silent era to 2009. It includes entries on well-known and nearly forgotten actresses, running the gamut from Academy Award and NAACP Image Award winners to B-film and blaxploitation era stars. Each entry has a complete filmography of the actress's film, TV, music video or short film credits. The work also features more than 170 photographs, some of them rare images from the Schomburg Center for Research in Black Culture.

### **The Fat Black Woman's Poems**

Springer Nature

First Published in 2001. Routledge is an

imprint of Taylor & Francis, an informa company.

*Encyclopedia of the African Diaspora: Origins, Experiences, and Culture [3 volumes]* Routledge

A Muslim woman's searingly honest memoir of her journey toward self-acceptance as she comes to see her body as a symbol of rebellion and hope—and chooses to live her life unapologetically. Ever since she was little, Leah Vernon was told what to believe and how to act. There wasn't any room for imperfection. 'Good' Muslim girls listened more than they spoke. They didn't have a missing father or a mother with a mental disability. They

didn't have fat bodies or grow up wishing they could be like the white characters they saw on TV. They didn't have husbands who abused and cheated on them. They certainly didn't have secret abortions. In *Unashamed*, Vernon takes to task the myth of the perfect Muslim woman with frank dispatches on her love-hate relationship with her hijab and her faith, race, weight, mental health, domestic violence, sexuality, the millennial world of dating, and the process of finding her voice. She opens up about her tumultuous adolescence living at the poverty line with her fiercely loving but troubled mother, her absent dad, her siblings, and the violent dissolution of her

10-year marriage. Tired of the constant policing of her clothing in the name of Islam and Western beauty standards, Vernon reflects on her experiences with hustling paycheck to paycheck, body-shaming, and redefining what it means to be a "good" Muslim. Irreverent, youthful, and funny, *Unashamed* gives anyone who is marginalized permission to live unapologetic, confident lives. "Vernon's determined advocacy for body positivity as a feminist and mental health issue, and her painful journey to self-acceptance, are moving and powerful, forcing readers to examine their own preconceptions about beauty standards and health." —Booklist